



# James Island Weekly Menu

January 7 - 11, 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM SNACK:</b>	String Cheese* Ritz Crackers	Blueberry Muffins *** Milk*	Nutrigrain Bar Milk*	Goldfish* Fruit	Granola Bar Milk*
<b>Lunch: 2% Organic Milk</b>	Quesadillas* Black Beans Chips & Salsa Orange Slices	Spaghetti with Meatballs Salad Garlic Bread* Fruit	Homemade Chicken Noodle Soup Grilled Cheese* Fruit	Turkey & Provolone Wraps* Broccoli with Ranch* Grapes	Corndogs*** Tater tots Fruit
<b>PM Snack:</b>	Scooby Snacks Fruit	Sunchips Fruit	Chips Fruit	Pudding* Animal Crackers	Homemade Veggie Dip* Pretzels

Contains Dairy \*  
 Contains Egg \*\*  
 Contains Egg & Dairy \*\*\*