

James Island Weekly Menu

December 3-7, 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK:	Muffin*** Milk	String Cheese* Wheat Thins	Yogurt* Homemade Granola	Croissants* Apple Slices	Nutrigrain Bars Milk
Lunch: 2% Organic Milk	Quesadillas * Black Beans Fruit Chips Guacamole	Burgers Smiley Face Fries Baked Beans Fruit	Chicken Pesto Tortellini* Fruit Carrots w/ Ranch*	Ham Mac & Cheese* Broccoli w/ Ranch* Fruit	Tomato Basil Soup* Grilled Cheese* Fruit
PM Snack:	Pretzels Veggie Dip*	Gold Fish Fruit	Sun Chips Fruit	Vanilla Pudding* Wafers*	Cracker Fruit

Contains Milk *

Contains Egg **

Contains Egg & Milk ***