




# Mount Pleasant Weekly Menu

October 8 - 12, 2018



<b>AM Snack:</b>	Monday	Tuesday	Wednesday	Thursday	Friday
	*Blueberry Nutri Grain Bars & Pretzels	Bananas & *Vanilla Wafers	Apples & *Cheez-Its	*String Cheese & Ritz	*Trail Mix w/ Dried Fruit
<b>Lunch:</b> *Served with Organic 2% Milk 	*Pasta Shells w/ Pesto & Chicken  Peas  Apples	*Fiesta Rice w/ Grass Fed Ground Beef  Broccoli  Cantaloupe/ Pineapple	*Chicken Tenders  Green Beans  Oranges	Sun Butter & Jelly Sandwiches  Edamame  Pears	***Pancakes  Sausage  Grapes/ Strawberries
<b>PM Snack:</b> 	*Pirate's Booty & Grapes/ Fruit Cups	Kettle Chips & Applesauce	*Yogurt Cups w/ Scooby Grahams	*Goldfish & Craisins	*Ice Cream & Fruit

- \* Contains Milk
- \*\* Contains Eggs
- \*\*\* Contains Milk & Eggs