

James Island Weekly Menu

October 9-13, 2017



	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK:	String Cheese* Wheat Thins	Apple Sauce Graham Crackers	Cheddar Cubes* Ritz	(Homemade) Banana Bread** Milk	Vanilla Pudding* Wafers
Lunch: 2% Organic Milk	Quesadillas* Black Beans Fruit	Vegetable Soup Fruit Cornbread	Flank Steak Mashed Potatoes w/ Gravy Broccoli w/ Ranch	Hot Dogs Tater Tots Fruit	Chicken Tenders Oven Roasted Multi Color Cauliflower Fruit
PM Snack:	Potato Chips Fruit	Goldfish* Fruit	Hummus Carrot Sticks	Baked Cinnamon Sugar Pretzels Fruit	Oreos Milk*

Contains Milk *

Contains Egg **

Contains Egg & Milk ***

